

## Stomach Acid Function Test

### Mix

1/3 Teaspoon Baking Soda

4 Ounces Water

Take on an empty stomach.

You must remain sedentary while taking this test. i.e. sitting still.

Record number of burps in one minute intervals for a period of five minutes.

0 - 1 minute:	
1 - 2 minutes:	
2 - 3 minutes:	
3 - 4 minutes:	
4 - 5 minutes:	
5 - 6 minutes:	